

A year of u3a Keeping In Touch

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Our Facebook group for u3a members, u3a Keeping In Touch, celebrates one year of being active.

The u3a keeping in touch Facebook group celebrates a year of being active.

u3a Keeping In Touch was set up in March 2020 as a place for u3a members to share the ways they were keeping in touch amid new restrictions and to connect across the movement.

u3a members on the group shared their highlights of the group. Bernie, from Ballymena u3a, enjoys the group for "the chance to see how other u3as operate and learn from each other. Also with the beautiful pictures that have been shared I feel I have travelled all over the UK & further afield."

The ability to network with other u3as is crucial to some members, like Alan from Barnsley u3a, who says, "I really get a lot from this site. In my professional life I was always a great believer in the benefits of networking. Those benefits are evident here."

Another Barnsley u3a member, Indu says about the group, "It gives an insight into how everyone coped in so many interesting ways to keep occupied . Learnt a lot from others' experiences and look forward to it every day! We have certainly kept in touch!"

Join the [u3a Keeping In Touch group](#).

Keep up to date with the u3a movement by following us on [Facebook](#), [Twitter](#) or [Instagram](#).